

SAM U3A			Timetable 1 <sup>st</sup> term 2022		
Scone Aberdeen Muswellbrook University of the Third Age					
Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<b>7 Feb</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>8 Feb</b> Podcast 10-11	<b>9 Feb</b> Line Dancing 12.30-1.45 Mah-jong 2-4	<b>10 Feb</b>	<b>11 Feb</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>12 Feb</b>
<b>14 Feb</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>15 Feb</b> Podcast 10-11 Pickleball 12-1	<b>16 Feb</b> Line Dancing 12.30-1.45 Adv from 12 Mah-jong 2-4	<b>17 Feb</b>	<b>18 Feb</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>19 Feb</b>
<b>21 Feb</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>22 Feb</b> Pickleball 12-1	<b>23 Feb</b> Line Dancing 12.30-1.45 Mah-jong 2-4	<b>24 Feb</b>	<b>25 Feb</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>26 Feb</b>
<b>28 Feb</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>1 Mar</b> Podcast 10-11 Pickleball 12-1	<b>2 Mar</b> Line Dancing 12.30-1.45 Adv from 12 Mah-jong 2-4	<b>3 Mar</b>	<b>4 Mar</b> Create w Liz 10-12 Ab Current Events with a Cuppa 12.30-1.30 Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>5 Mar</b>
<b>7 Mar</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>8 Mar</b> Podcast 10-11 Pickleball 12-1	<b>9 Mar</b> Line Dancing 12.30-1.45 Mah-jong 2-4	<b>10 Mar</b>	<b>11 Mar</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>12 Mar</b>
<b>14 Mar</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>15 Mar</b> Pickleball 12-1	<b>16 Mar</b> Line Dancing Adv from 12 12.30-1.45 Mah-jong 2-4	<b>17 Mar</b>	<b>18 Mar</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>19 Mar</b>
<b>21 Mar</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>22 Mar</b> Pickleball 12-1	<b>23 Mar</b> Line Dancing 12.30-1.45 Mah-jong 2-4	<b>24 Mar</b>	<b>25 Mar</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Games Galore 1.30-3.30	<b>26 Mar</b>
<b>28 Mar</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>29 Mar</b> Pickleball 12-1	<b>30 Mar</b> Line Dancing 12.30-1.45 Adv from 12 Mah-jong 2-4	<b>31 Mar</b>	<b>1 Apr</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Current Events with a Cuppa 12.30-1.30 Games Galore 1.30-3.30	<b>2 Apr</b>
<b>4 Apr</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>5 Apr</b> Pickleball 12-1	<b>6 Apr</b> Line Dancing 12.30-1.45 Mah-jong 2-4	<b>7 Apr</b>	<b>8 Apr</b> Create w Liz 10-12 Ab Ukulele 11.30-12.30 Current Events with a Cuppa 12.30-1.30 Games Galore 1.30-3.30	<b>9 Apr</b>
<b>11 Apr</b> Croquet 9-11 Sc Trivia 1.30-2.45 Exercises for Strength & Mobility 3-4	<b>12 Apr</b> Pickleball 12-1	<b>13 Apr</b> Line Dancing 12.30-1.45 Advd from 12 Mah-jong 2-4	<b>14 Apr</b>	<b>15 Apr</b> Good Friday	<b>16 Apr</b> Easter Sat

Blue = Scone. Green = Aberdeen. Black = Muswellbrook. Purple = Newcastle. Orange = Denman

**STAY COVID SAFE.** Don't attend if you have been/are unwell. Use hand sanitiser provided before and after activity  
Contact areas will be cleaned and disinfected. Practise social distancing. Initial roll, indicate any contact with  
COVID. **Please note:** you'll need to wear a mask indoors, including during physical activities.